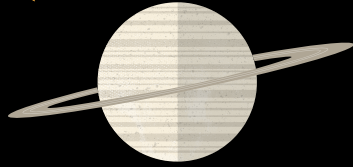
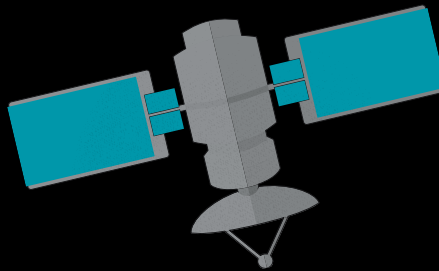
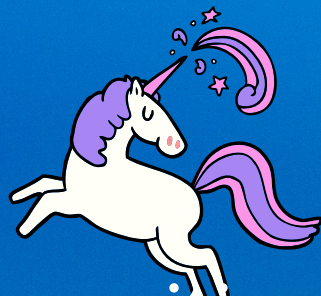
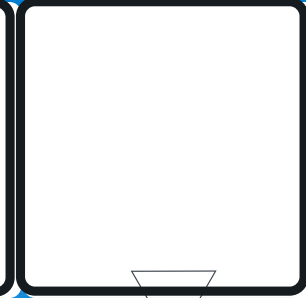
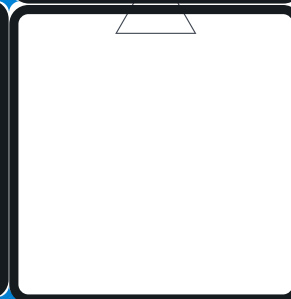
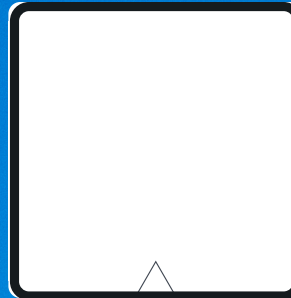
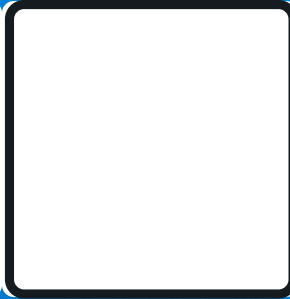
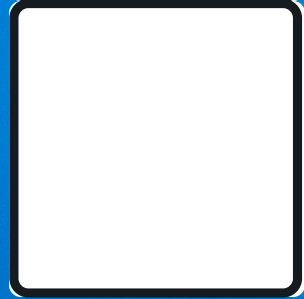
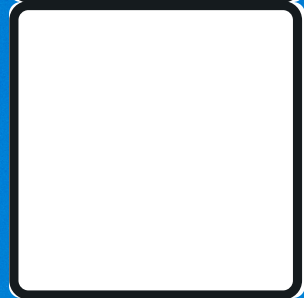
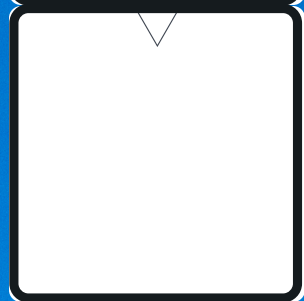
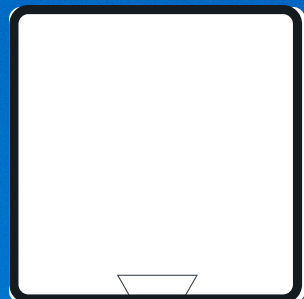


DÉPART



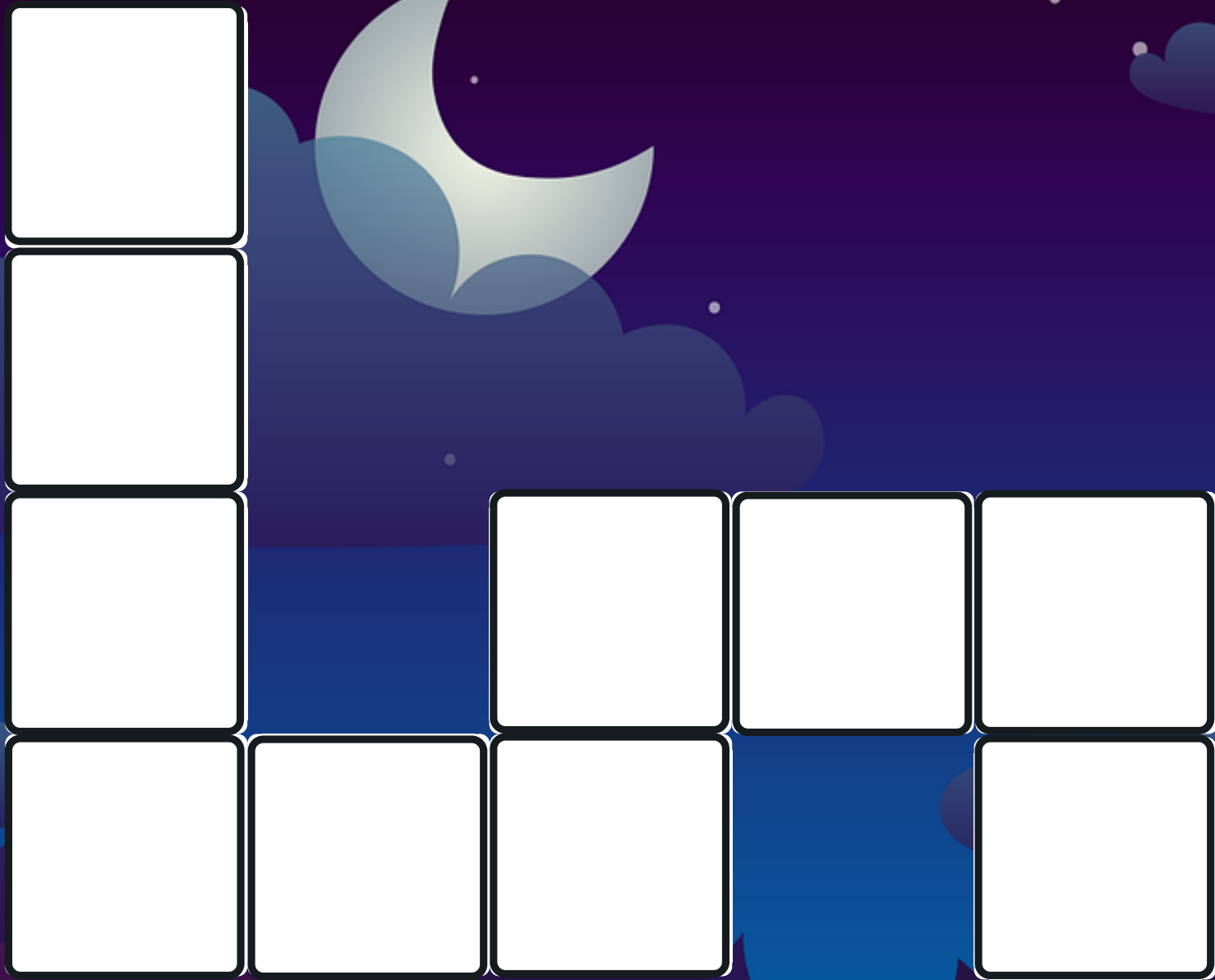
ARRIVÉE







ARRIVÉE





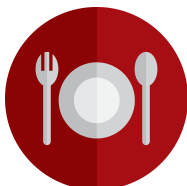
DÉPART
18H30



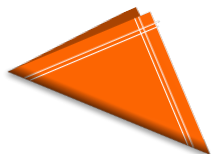
SE DOUCHER



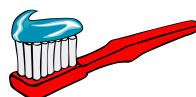
SE METTRE EN PYJAMA



DINER



DÉBARRASSER
LA TABLE



SE LAVER
LES DENTS



DIRE
3 PLAISIRS DU JOUR
(GRATITUDE)



LECTURE DE L'HISTOIRE
DU SOIR



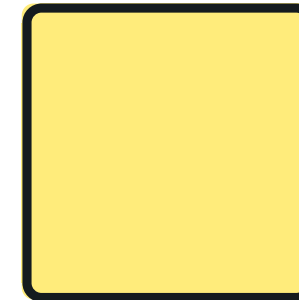
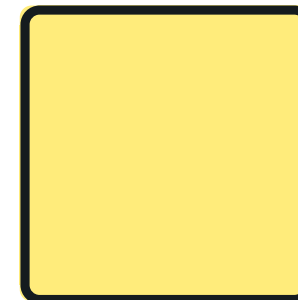
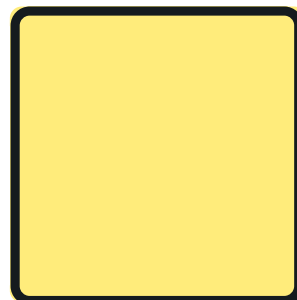
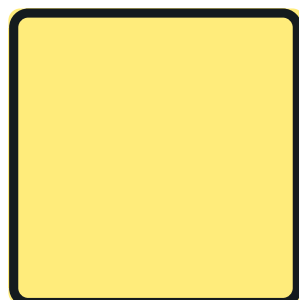
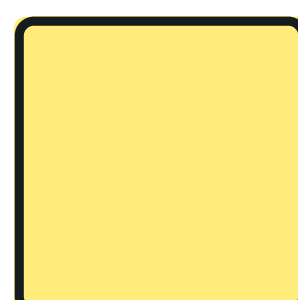
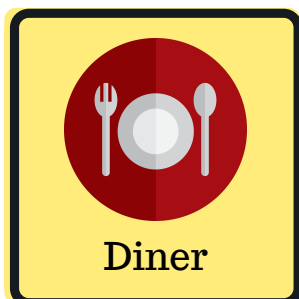
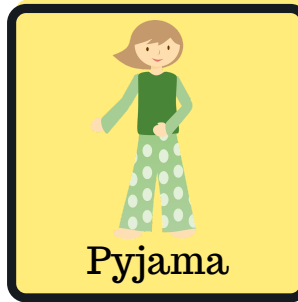
CÂLIN/BISOUS



21H



Bonus



REVEIL



07H



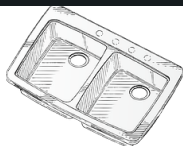
S'ÉTIRER
ET SOURIRE



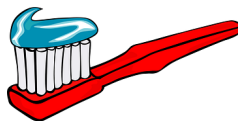
DIRE
"BONJOUR"



PETIT
DÉJEUNER



DÉBARRASSER
LA TABLE



SE LAVER
LES DENTS



HYGIÈNE/
TOILETTES



HABILLEMENT

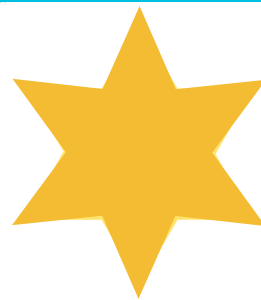


CHAUSSURES
/MANTEAU/
SAC



DEPART

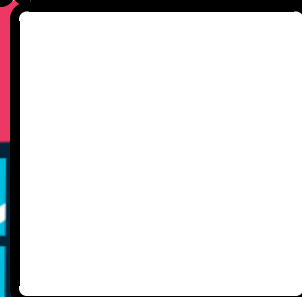
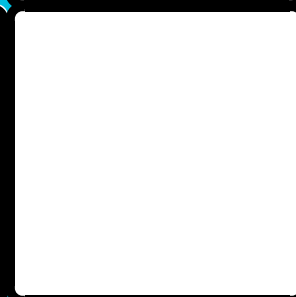
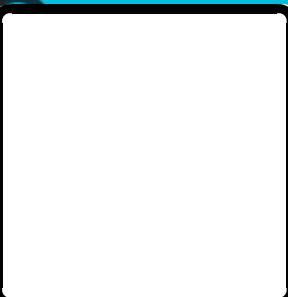
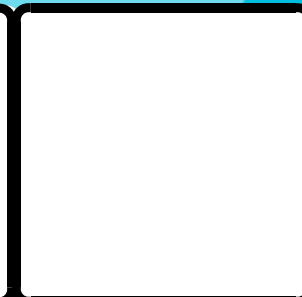
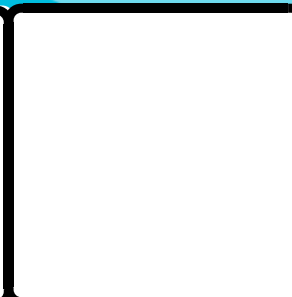
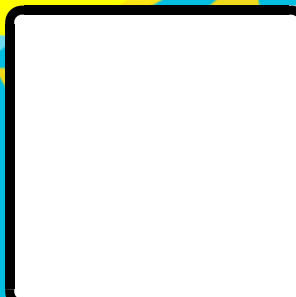
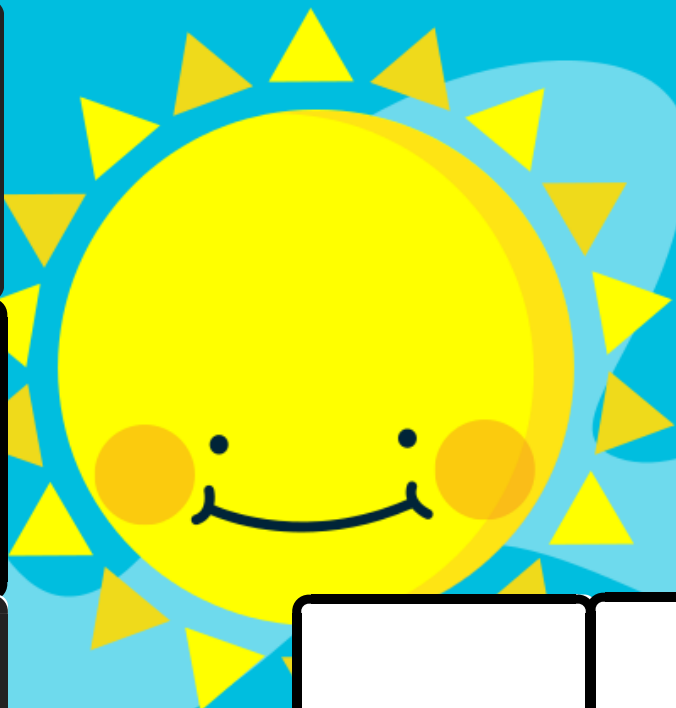
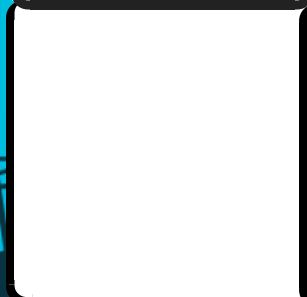
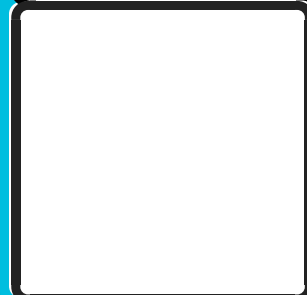
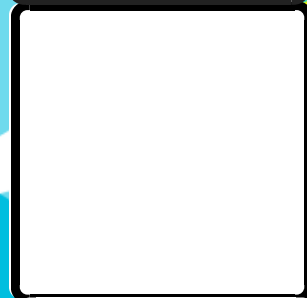
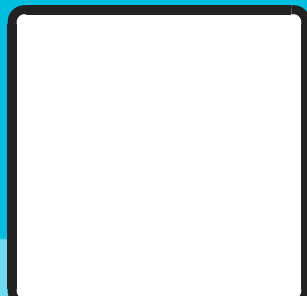
8H20



Bonus



Bonus



DÉPART



Check-List du matin (réservée aux enfants)

REVEIL

☐

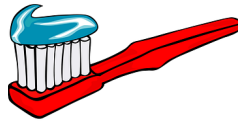
07H



HYGIÈNE/
TOILETTES

☐

S'ÉTIRER
ET SOURIRE

☐

SE BROSSER
LES DENTS

☐

DEPART



8H20



DIRE
"BONJOUR"

☐

HABILLEMENT

☐

PETIT
DÉJEUNER

☐

CHAUSSURES
/MANTEAU/
SAC

☐

Check-List du soir (réservée aux enfants)



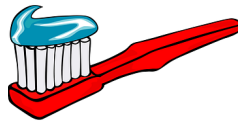
07H

☐

HYGIÈNE/
TOILETTES

☐

S'ÉTIRER
ET SOURIRE

☐

SE BROSSER
LES DENTS

☐

DEPART



8H20



DIRE
"BONJOUR"

☐

HABILLEMENT

☐

PETIT
DÉJEUNER

☐

CHAUSSURES
/MANTEAU/
SAC

☐



dessine 10
smiley



mime un
animal



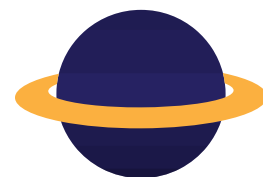
écris ou dis
des mots
doux



Chante ou siffle
un air que tu
connais



Reproduis cette
posture pendant
10 secondes



Cite 3 noms de
planète du
système solaire