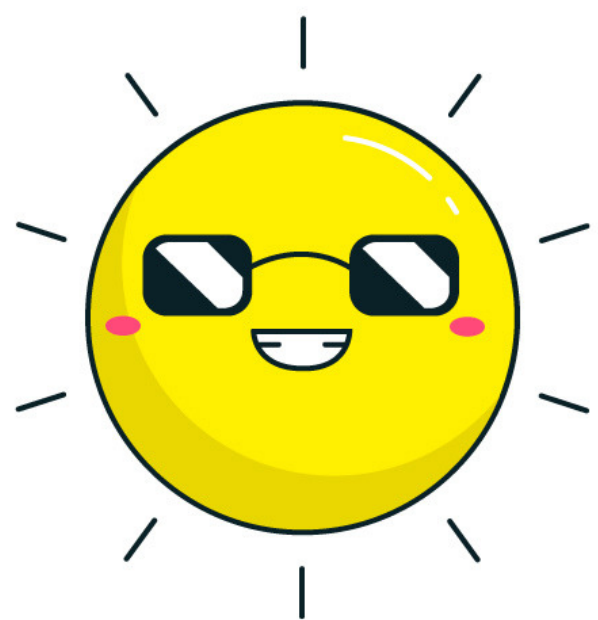
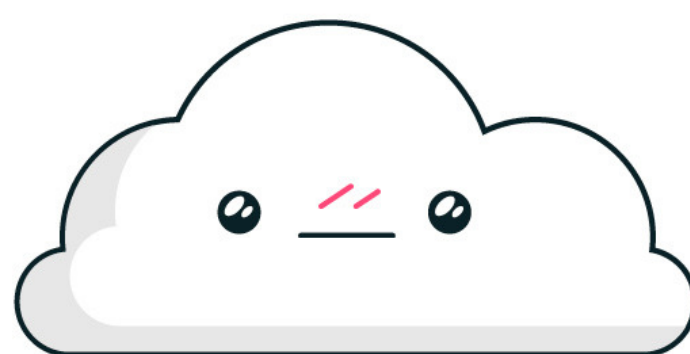


Ma météo intérieure

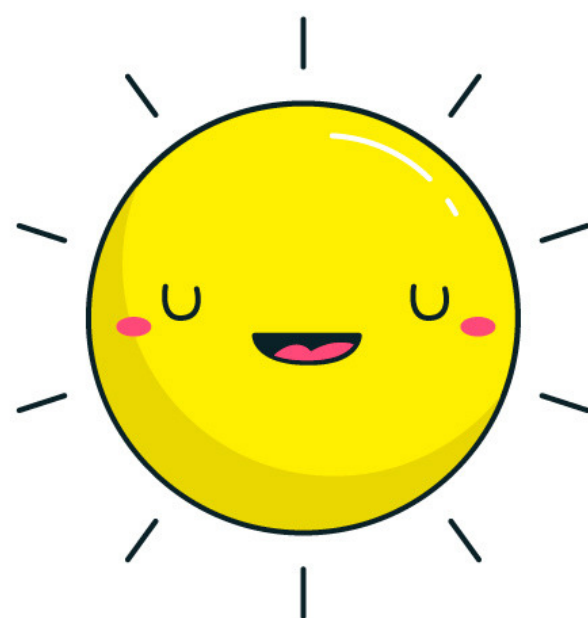
Que se passe-t-il en moi ?



Sérénité



Peur



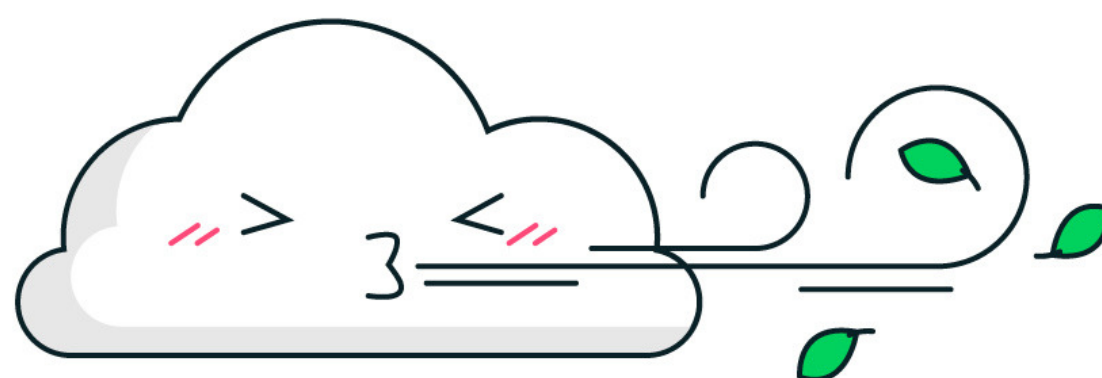
Joie



Tristesse



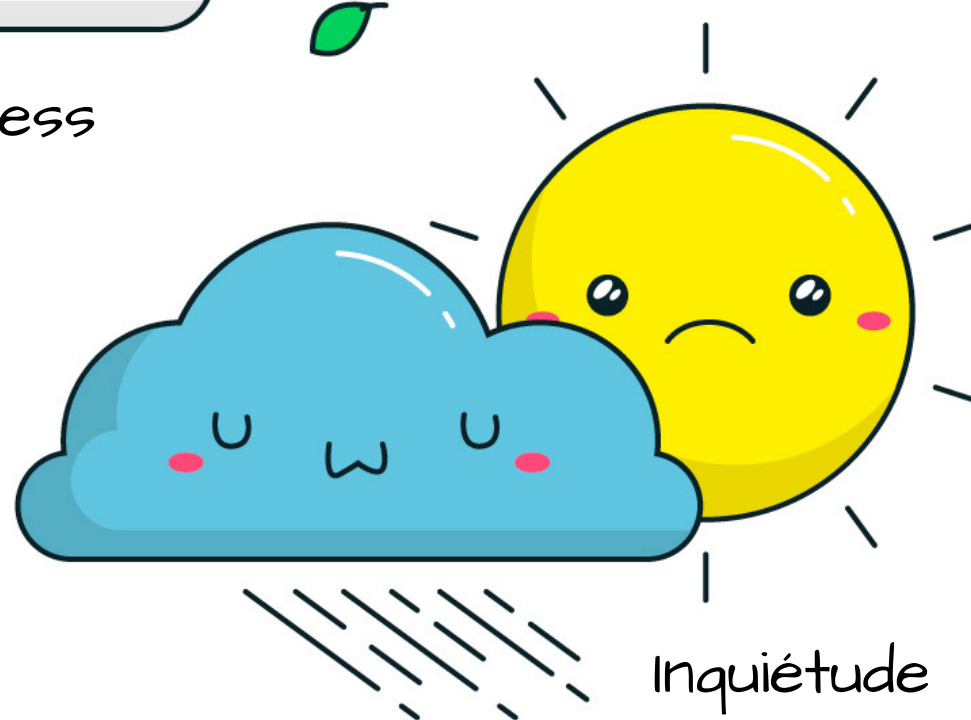
Colère



Stress



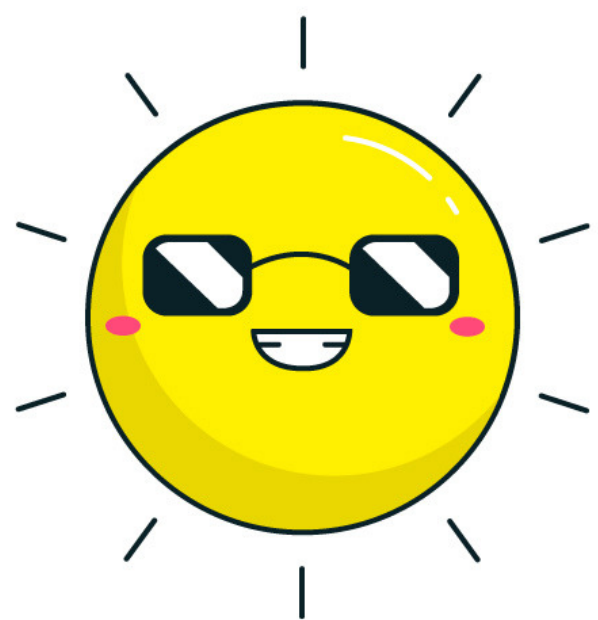
Optimisme



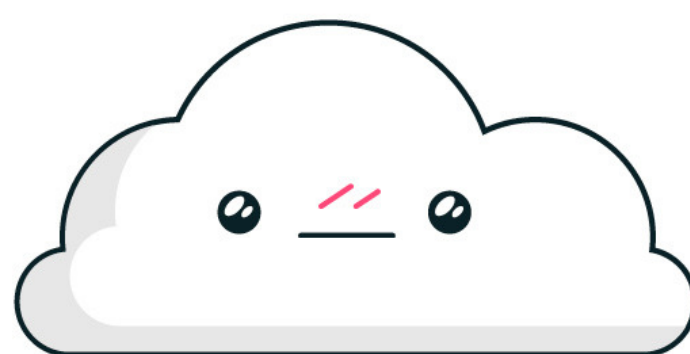
Inquiétude

Ma météo intérieure

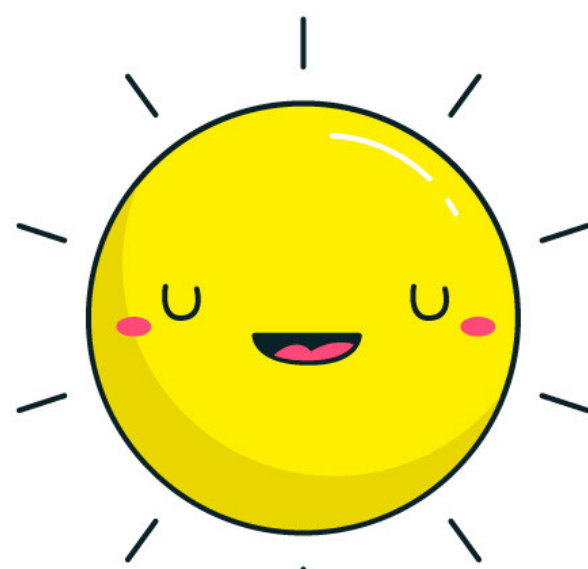
Que se passe-t-il en moi ?



Sérénité



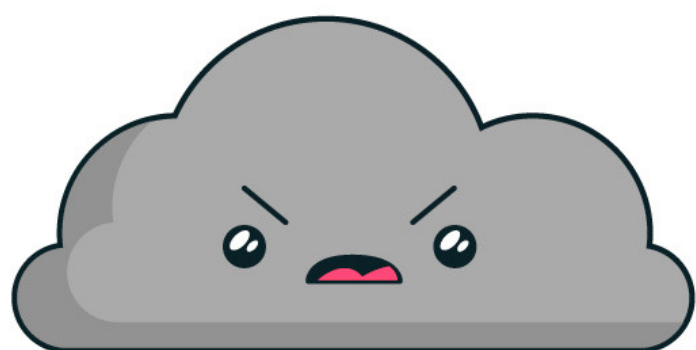
Peur



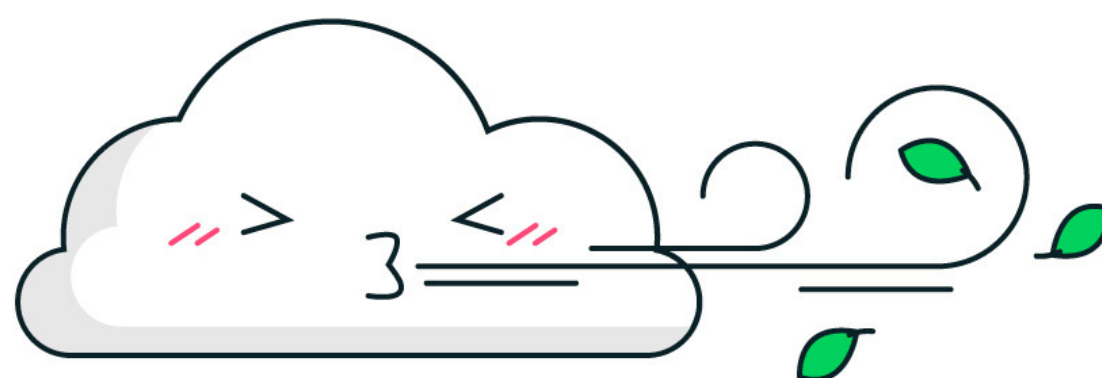
Joie



Tristesse



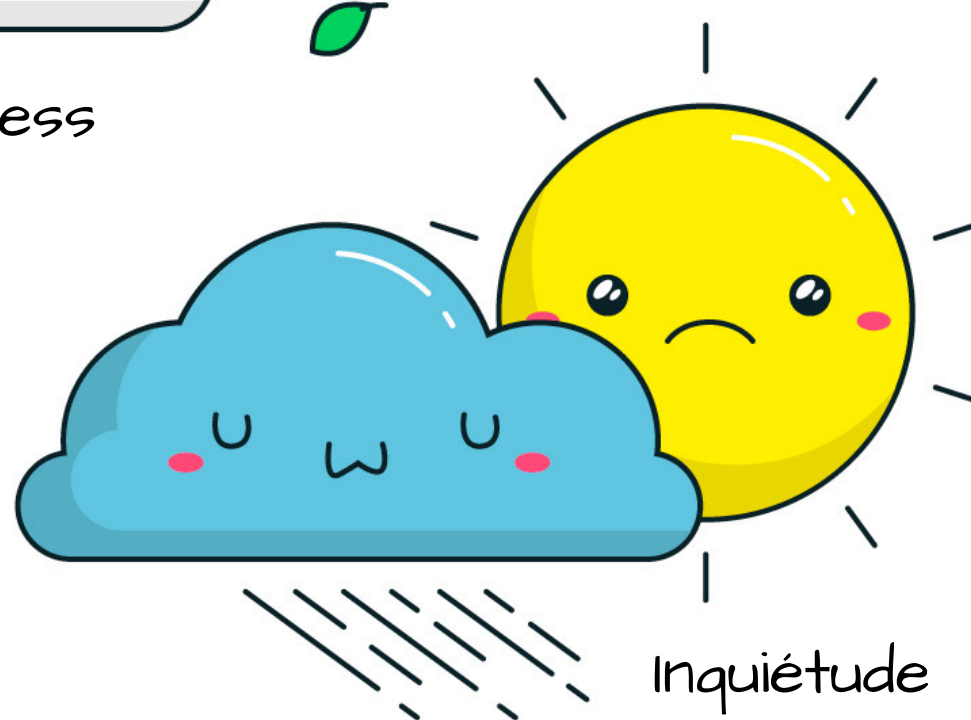
Colère



Stress



Optimisme



Inquiétude

Mes ressources intérieures



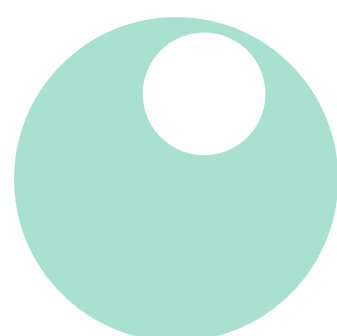
Papapluie
protecteur



Amour



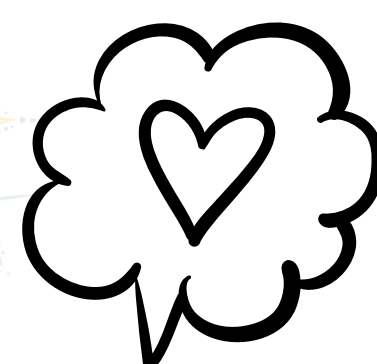
Lieu refuge



Bulle de calme



Méditation



Dire ce qu'on
a sur le cœur



Dessiner